



In 2025, wellness isn't just a personal goal – it's a defining element of luxury living. Developers across the country are reshaping residential experiences, offering bespoke wellness amenities that cater to individual lifestyles. With features ranging from in-home oxygenation systems to world-class fitness centers and immersive spa treatments, these developments are setting a new benchmark in holistic living. By creating environments where health, relaxation, and recreation converge, these residences empower homeowners to craft wellness journeys tailored to their unique needs.

New York City: A Wellness Destination

720 West End Avenue



Image Credit: VMI Studio

[This Emery Roth-designed pre-war building](#), reimaged by Thomas Juul-Hansen, offers 30,000 square feet of amenities. These include a fitness center, yoga and Pilates studios, sports courts, and landscaped outdoor spaces, ensuring a holistic approach to wellness for all residents.

In 2025, wellness is at the heart of luxury living, with residential developments across the U.S. embracing a holistic approach to health and well-being. These thoughtfully designed spaces offer residents the freedom to personalize their wellness routines, from high-end fitness centers and spas to nature-infused retreats. Whether in the mountains of Colorado, the dynamic streets of New York City, or the sun-soaked shores of Florida, these luxury residences are leading the way in redefining what it means to live well.