

HAVEN

TRENDS, UNITED STATES — 4 MINS AGO

New Year, New You: How Developers Are Redefining Wellness In 2025

by [Haven Team](#)



77 Greenwich | Evan Joseph

“New year, new you” is a familiar phrase, but in 2025, many are committed to ensuring their wellness goals endure beyond January. For those looking to sustain this lifestyle shift, an increasing number of buildings nationwide are embracing the same commitment.

Developers across the U.S. are integrating wellness-focused features into residential spaces, fostering healthy lifestyles for homeowners. With high-end wellness amenities becoming a sought-after aspect of modern living, these developments offer tangible benefits that attract discerning buyers. As we move into the new year, let’s explore some standout wellness innovations and the developers leading the charge in 2025.

Expansive Outdoor Spaces

Private outdoor spaces play a vital role in promoting wellness, presenting areas for relaxation and rejuvenation. Many luxury developments now prioritize expansive outdoor environments to elevate their residents' quality of life.

At 77 Greenwich, residents enjoy the benefits of the Cloud Club, which boasts 7,500 square feet of rooftop amenities, including an elevated dog run.

720 West End Avenue features 30,000 square feet of indoor-outdoor amenities, including landscaped terraces and courtyards for serene relaxation.

And in South Florida, SoLé Mia, a master-planned community along Biscayne Bay, provides a massive 17,500-square-foot park and a unique, swimmable seven-acre lagoon—offering an unparalleled connection to nature.



SoLé Mia lagoon | SoLé Mia